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Winter  
2016

## Merry Christmas and Happy New Year

On behalf of Doctors and staff at Teehey Lane Medical Centre, we would like to wish you a Happy New Year.

Thinking for your Best Health  
Dr. M Salahuddin—Executive Partner

### Wirral Clinical Commissioning Group (CCG) Matters

#### Changes in Phlebotomy services

From 1st December 2016, changes have been made to the phlebotomy service by the Wirral CCG. Most practices no longer receive in-house phlebotomy service. There will now be walk-in based phlebotomy service (no appointment required) at different places including: Arrowe Park Hospital, Victoria Central, Wallasey, St. Catherine's Hospital. For further details Please contact the receptionist



#### CCG proposal for Medicines for the treatment of Minor Ailments

As from 1st December 2016, the Wirral CCG has proposed for all practices that:

**Wirral CCG will not fund** the prescribing of medicines and treatments for minor, short-term conditions where: a) Self-care is the most appropriate route b) Medicines and treatments are available to buy over the counter

**Wirral CCG will not fund** the prescribing of medicines and treatments for ANY medical condition where: a) There is insufficient evidence of clinical benefit or cost-effectiveness, b) The medical condition has no need of clinical treatment .

**For any comments / suggestions on the above please contact Wirral CCG at 0151 643 5334 or via email: [wiccg.intouch@nhs.net](mailto:wiccg.intouch@nhs.net)**



### Think Pharmacy

Pharmacy can offer you a quick, confidential diagnosis and treatment. The think Pharmacy scheme can offer you management, including prescriptions, for UTI, Migraine, Conjunctivitis, Impetigo, Fungal skin infection, Oral Thrush. **For further details please contact the your local pharmacy.**



### Antibiotic Resistance

Antibiotics are essential medicines for treating bacterial infections in both humans and animals. Antibiotics are losing their effectiveness at an increasing rate as resistance in the drug becomes greater. Bacteria can adapt and find ways to survive the effects of an antibiotic. They become 'antibiotic resistant', so that the antibiotic no longer works. Many antibiotics are prescribed and used for mild infections when they don't need to be. All colds and most coughs, sinusitis, earache and sore throats often get better without antibiotics.



Feel free to visit our website at [www.teeheylanemedical.co.uk](http://www.teeheylanemedical.co.uk)

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## Our Staff



### DOCTORS

Dr. M. Salahuddin (Male)  
Dr. A. Sagar (Female)  
Dr. M. Syed (Female)  
Dr. S. Mehboob (Female)



### PRACTICE

**Practice Manager**  
Joanne Griffiths

**Business Manager**  
Muhammad Ahmed

**Secretary**  
Lynn Pendleton

**Receptionists**  
Lorraine Lepts (*Senior*)  
Leanne Henry  
Beth

**Practice Nurses**  
Louise Rendell

**Physiotherapist**  
Mike Jones

**Health Care Assts.**  
Leanne Henry

**Teehey Lane  
Medical Centre**



## Surgery News

### Our Aim

**To provide appointment preferably on the same day or within 24 hours**

### Christmas and New Year Opening Hours 2016-17

The surgery will be closed on Monday 26<sup>th</sup>, Tuesday 27<sup>th</sup> 2016 and Monday 02<sup>nd</sup> January, on account of Christmas, Boxing Day and New Year.

For urgent advice during these times please call 111.

In case of life threatening situation please call 999.

## GP Appointment Timetable



Days	Mornings	Evenings	Late
Monday	9:00- 11:00	16:00 – 18:00	18:30 – 19:30
Tuesday	9:00- 11:00	16:00 – 18:00	
Wednesday	9:00- 11:00	16:00 – 18:00	
Thursday	9:00- 11:00	16:00 – 18:00	
Friday	9:00- 11:00	16:00 – 18:00	

## Centre Timetable

### Reception

Monday - Friday 08:30 - 18:30

### Surgery

Morning Surgery 09:00 - 11:00

Evening Surgery 16:00 - 18:00

### Late

Monday 18:30 - 19:30



### Patient Participation Group

We have established PPG which a positive line of communication with patients. Kindly register your name by calling at reception if you want to be a part of it.

## Contact us

We welcome any comments from our patients. Please contact either  
**Joanne Griffiths** - Practice Manager  
 (0151) 608 2519 or

**Muhammad Ahmed** Business Manager.



**Please visit our website at [www.teeheyplanemedical.co.uk](http://www.teeheyplanemedical.co.uk) for**

## NHS e-Referral Service?

The NHS e-Referral Service is a free NHS appointment booking service. If you're referred to a hospital or clinic, the NHS e-Referral Service lets you book the appointment at a hospital or clinic of your choice, on a date and time that suits you. For further information please contact the surgery.

## Weight Management

Our weight management & advice service run by our Practice Nurses. If you are interested please contact the surgery.



## Our Website

[www.teeheyplanemedical.co.uk](http://www.teeheyplanemedical.co.uk)

Request your prescriptions, and submit your comments and suggestions online.