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[www.teeheyланemedical.co.uk](http://www.teeheyланemedical.co.uk)

Editorial Team

Dr. M. Salahuddin  
Dr M. Paracha  
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Anwar Ahmed

December 2022

Message from the Partners and the Staff.

### We wish everyone a Merry Christmas and a Happy New Year

On behalf of the doctors and staff at Teehey Lane Medical Centre, we would like to thank all our patients for their patience and understanding during the last few years. The pressure on the NHS have been unprecedented however we continue to provide care for the community. We appreciate your understanding.

### Cost of Living Support

Around the UK people have been affected by the cost-of-living crisis and an expected colder winter than previous years, various support has been put in place for our patients to access for support which can be found on the practice website.

**Warm Welcome** is a website that lists the safe spaces around the country that offer a free, warm and welcoming place this winter our patients can view this on [www.warmwelcome.uk](http://www.warmwelcome.uk).

### COVID Autumn Booster

This winter it is expected that many respiratory infections, including COVID-19 and flu may be circulating at high levels – this may put increasing pressure on hospitals and other health care services. For these reasons, people aged 50 years and over, those in care homes, and those aged 5 years and over in clinical risk groups are being offered an autumn booster of COVID-19 vaccine. A booster will also be offered to front-line health and social care staff, those who care for vulnerable individuals and families of individuals with weakened immune systems. A walk in service is available at Miriam Medical Centre or contact the practice to book an appointment at Miriam Medical Centre for your Autumn booster if eligible.

### PCN and Community Update from Dr M Salahuddin

Teehey Lane Medical Centre has continued to play an active part in NHS and Primary Care Network reform and changes. Dr Salahuddin is joint Clinical Director of ARNO Primary Care Network (PCN), the ARNO PCN was recently awarded an excellence award for its part in the COVID Vaccination Programme for the Wirral. The successful vaccination programme continues to reach out to the different communities, community centres to promote the vaccination. The ARNO PCN has a chiropodist, physio-therapist, practice pharmacists making healthcare more accessible for our patients.

### Online Services

Due to continued demands on NHS services we continue to utilise online services such as E-Consult, NHS app and Patient Access. This allows patients to use digital platforms to submit queries, request repeat medication, extend fit notes and any other queries. This would ensure efficiency convenience and continuity when interacting with our services and consultation with our GP's.

**Our website [www.Teeheyланemedical.co.uk](http://www.Teeheyланemedical.co.uk)**

Visit our website to request your prescriptions, book your appointments, register online, update details, submit e-consults and find other services that may be useful.

We welcome any comments and feedback from our patients. Please contact  
**Joanne Griffiths** - Practice Manager (0151) 608 2519

[www.teeheyланemedical.co.uk](http://www.teeheyланemedical.co.uk)

### Christmas and New Year Opening Hours 2022— 2023

The surgery will be closed on Monday 26th, Tuesday 27 December 2022 and Monday 2nd January 2023. For urgent advice during these times please call 111. **In case of life threatening situation please call 999.**



### Our Staff

#### Clinicians

Dr. M. Salahuddin (Male)  
Dr. M. Paracha (Male)  
Dr. K Alauddin (Female)

#### Practice Nurses

Louise Rendell

#### Pharmacist

Kaye Edwards

#### HCA

Kim Davies

### PRACTICE Staff

#### Practice Manager

Joanne Griffiths

#### Secretary

Alison Triggs

#### Admin

Anwar Ahmed

#### Receptionists

Natalie McWha

Jenna Davies

Lucy Bennion

Mehnur Salahuddin

Teehey Lane

**Caring,  
Approachable,  
Efficient  
and Friendly**

Medical Centre